

# RESPONSIBLY DISPOSE OF YOUR LENSES

At ACUVUE® we're committed to sustainable solutions that help you see the world better and ensure it's a place worth seeing.



We guarantee your ACUVUE® contact lens box comes in 100% sustainable paper packaging.



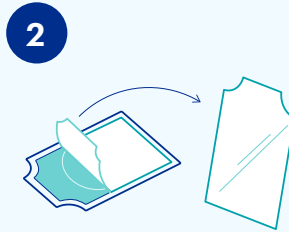
By minimizing our impact on the climate,  
tackling waste and protecting our natural  
world we can all make a positive difference.



Follow these three simple steps to dispose  
of your contact lenses and packaging responsibly.



1  
Recycle your paper contact lens box and instruction guide. They are both 100% recyclable. Your reusable container and solution bottle can also be put in your recycling bin.



2  
Your lens cup is made of recyclable material. It's not always possible to recycle them though due to their small size. Always check with your local recycling centre about their capabilities. To recycle the cup, remove the foil first and discard it into the trash.



3  
Dispose of your used contact lenses into the trash. Please **don't flush your lenses** down the sink or the toilet. It can increase the chance of them finding their way into our streams, rivers and oceans.



To learn more about our sustainability vision,  
visit [acuvue.ca/sustainability](https://acuvue.ca/sustainability)

ACUVUE®

**Important information for contact lens wearers:** ACUVUE® Contact Lenses are available by prescription only for vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye care professional. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, remove the lens and contact your eye care professional immediately. For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-267-5098 or visit [acuvue.ca](https://acuvue.ca).